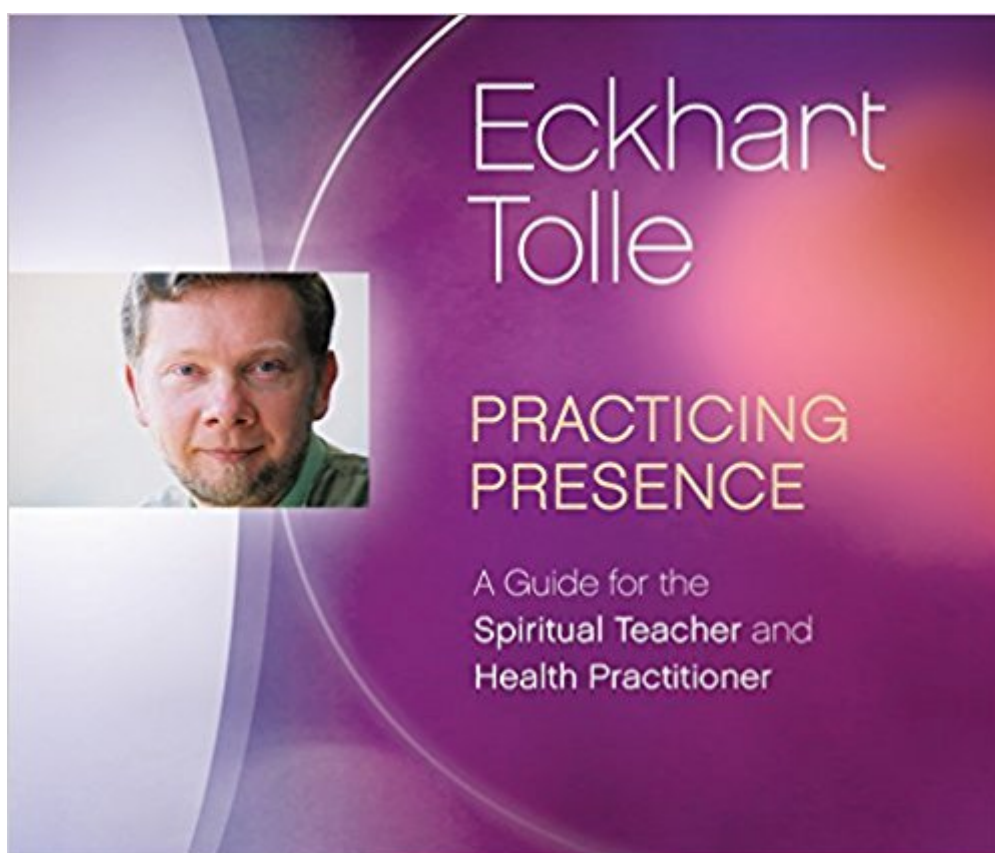


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# Practicing Presence: A Guide For The Spiritual Teacher And Health Practitioner



## Synopsis

For Healers and Teachers, Practical Guidance in Serving Others with Presence

What is the most essential trait for an effective healer or teacher? Yes, things like intelligence, skill, and compassion are important, explains Eckhart Tolle, but without presence, our work in service of others will fall short of its potential. Practicing Presence is a retreat for health practitioners, educators, spiritual teachers—or anyone who shares wisdom—with the bestselling author of *A New Earth*, offering more than seven hours of Eckhart's practical advice for those fostering transformation in others.

Covering a wide range of challenges and concerns specific to the helping professions, Eckhart discusses:

- Rooting one's work in stillness to become a teacher of presence
- Finding the balance between structure and formlessness in your teaching or healing modality
- The question of readiness for the would-be teacher or healer
- Becoming comfortable with not knowing in order to make way for the arising of space consciousness
- The true source of healing
- Financial considerations and the inherent egoic risks of charging money for services
- To be there as nobody special—simply as a field of awareness—that's the essence of being a successful healer or teacher, explains Eckhart.

For anyone working to support the well-being of others, *Practicing Presence* brings you an empowering series of pointers and guidelines for lasting transformation and healing.

## Book Information

Audio CD: 6 pages

Publisher: Eckhart Teachings, Inc. (September 15, 2015)

Language: English

ISBN-10: 1894884485

ISBN-13: 978-1894884488

Product Dimensions: 5.6 x 0.9 x 4.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 12 customer reviews

Best Sellers Rank: #2,919,202 in Books (See Top 100 in Books) #47 in Books > Books on CD > Languages > French #534 in Books > Books on CD > Health, Mind & Body > Meditation #611 in Books > Books on CD > Health, Mind & Body > Relaxation & Meditation

## Customer Reviews

Eckhart Tolle

Spiritual teacher and author Eckhart Tolle was born in Germany and educated at the Universities of London and Cambridge. At the age of twenty-nine, a profound inner transformation

radically changed the course of his life. The next few years were devoted to understanding, integrating, and deepening that transformation, which marked the beginning of an intense inward journey. Later, he began to work in London with individuals and small groups as a counselor and spiritual teacher. Since 1995 he has lived in Vancouver, Canada. Eckhart Tolle is the author of the #1 New York Times bestseller *The Power of Now* (translated into 33 languages) and the highly acclaimed follow-up *A New Earth*, which are widely regarded as two of the most influential spiritual books of our time. Eckhart's profound yet simple teachings have already helped countless people throughout the world find inner peace and greater fulfillment in their lives. At the core of the teachings lies the transformation of consciousness, a spiritual awakening that he sees as the next step in human evolution. An essential aspect of this awakening includes transcending our ego-based state of consciousness. This is a prerequisite not only for personal happiness but also for the ending of violent conflict endemic on our planet. Eckhart is a sought-after public speaker and teaches and travels extensively throughout the world. Many of his talks, intensives, and retreats are published on CD and DVD. Most of the teachings are given in English, but occasionally Eckhart also gives talks in German and Spanish. In addition to *The Power of Now* and *A New Earth*, Eckhart has written a book designed for meditative reading entitled *Stillness Speaks*. A book consisting of selections from *The Power of Now* entitled *Practicing the Power of Now* is also available. For more information on Eckhart Tolle, please visit [eckharttolle.com](http://eckharttolle.com).

Love Eckhart Tolle...so enlightening.

This set of CD's would be more suited as a DVD. There are several long pauses, mostly in the first and last CD. Since the listener cannot see Tolle's "presence" we are sometimes not sure what is happening. This set is worthwhile, but I would recommend "Through the Open Door" as Eckhart's best CD.

This is a great set of CD's for someone who is looking for a more in-depth understanding of presence and Tolle's work.

WOW. The spiritual lessons on this DVD are amazing. Unfortunately, my video and audio don't match up, so I can't 'watch' the DVD.

A powerful tool for the health practitioner. I highly recommend this for anyone in the field of healing

modalities. It is a tool which can be viewed over and over to keep one grounded and in the right 'space'.

This is a typical Tolle CD. He doesn't come across well by recorded voice, whereas his DVD's are better at transmitting the essence of presence. It is about "practicing presence" as the title says. However, he does not go into details about how to teach this to others except through living example. Tolle even makes a joke of the fact that he isn't "teaching" a method or technique. A classic non-dual evasion of responsibility. Basically, it's an okay set if you know presence (which is scintillating ever-nowness) but even then, why bother? It's not worth it if you want some concrete suggestions to help others awaken.

This is a must have for everyone. Not only for teachers, but for anyone wanting to really understand all of Eckhart Tolle's teachings. This set is really helpful in achieving a deeper understanding of all of Eckhart's teaching. Highly recommended!

It is so strange to read these mixed reviews. For me, just when I thought Eckhart Tolle's words could not get any better (after reading *A New Earth & The Power of Now*), this is one that helped me learn about the couple questions I have in my head about spiritual "teaching". I am not a health practitioner or a therapist. However, I am always inspired to become a guided meditation "teacher" (but nothing to teach really) some day. This helps me out so much! Others are entitled to have their own opinions and I fully respect it. For me, this set of CDs worked beautifully well with these pauses in the middle. He gave us the "pointer" and then there is the space (the pause) right there for us to go beyond thoughts. How beautiful is that (I say to myself). I understand people's frustrations on Eckhart Tolle's teaching and in all these books, tapes, CDs, DVDs. His words either points our soul to go straight to Nirvana (the NOW and that is it ... no more conceptual thinking of enlightenment or the idea of Nirvana) or you try to analyze his words too much (particularly this CD set) and then lost in the thinking forest without a guiding light. When one of my friends was in turmoil, I gave her "The Power of Now" and told her that was the best thing to help me out, her feedback to me was that Eckhart Tolle's teaching was too abstract and too deep that she couldn't understand it. I was not offended at all. However, I learned something here! It is just that one needs to beware that Eckhart Tolle's "Way" is NOT the only way and different people are drawn to the different "teachers"/"authors" they need at the time for personal/professional/spiritual growth. That was a big "Aha" moment for me when I listened to this set of CDs. Also, I do not think everyone is ready for

Eckhart Tolle's teaching because it requires two conditions to make his words work for us. Condition #1 is that we suffered enough in our head to realize fully (body, mind, heart & soul) that we want to let go of the egoic mind dominated thinking and suffering is optional. Condition #2 is the willingness of not analyzing Eckhart Tolle's teaching in our head but instead, just feel the words in the bottom of our hearts. Condition #2 is most essential to get any benefit out of Eckhart Tolle's work. That is why Eckhart Tolle mentioned before that some people are "not ready" for the more gentle, peaceful self yet. Please beware that "Not Ready" is not judging. It is simply a fact that the "mind" is not ready to give up its control yet. No more ...I don't recommend beginner of Presence to start off with this set of CDs because it most likely will get one more confused. I suggest "Power of Now" or "A New Earth" first if you were going to ask me for suggestions. That is all I have to say. You can agree, or disagree to my words. They are just words, which words are always fragmented serving as labels. The most important thing is whether you can find inner peace and serenity for yourself and maybe for others if they choose to join you. Thank you.

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